

PREGNANCY & PARENTING

You're Pregnant? There are a number of resources that can provide you with information about what to do now that you're pregnant.

The Pregnancy Resource Center <http://www.prcutahvalley.org/contact.html> can provide you with free services for pregnancy testing, education and options. The center also has gently used clothing, counseling services, support groups and a 24-hour help-line. They can also help you in qualifying for Utah's Baby Your Baby Program.

Baby Your Baby <http://www.babyyourbaby.org/> is dedicated to help you have a healthy baby. They will assist you with finances by helping you applying for health benefits, called Prenatal Medicaid Benefits. Baby Your Baby will tell you what you can expect from your body while you go through pregnancy. When you have your baby they will teach you how to take care of your new born.

Planned Parenthood Association of Utah <http://www.plannedparenthood.org/utah/> is a resource for testing for pregnancy and sexually transmitted diseases (STDs). The agency and its web page provide up-to-date information intended to assist you in making decisions about your health. It's also a site for parents who want to know more about the current problems that their children face if they are sexually active.